



**HAPPY NEW YEAR
2023
BUILDING HEALTHY
SANGHAS
SHARING JOY TOGETHER**



Shinnen Akemashite omedetou gozaimasu. kotoshi mo yoroshiku onegai shimasu, Happy New Year, and ALOHA,

December may have been very hectic preparing for the holidays with our families and also preparing to welcome in the New Year with our traditional mochi making, and New Year food. Although our Jr. YBA was unable to have their annual mochi fundraiser, I would like to do a shout-out to the Sangha members who gathered to make some mochi for the Altar and for our ozoni which was served at our New Year's Eve service and ringing of the bell (Joya no Kane).

The BWA and Sangha members, gathered at the Holualoa Hongwanji Temple to polish the altar ornaments, and do some general cleaning of the Temple to prepare for an afternoon New Year's Day Service. Thank you so much, for your time. Sprucing up the Temple has brought much joy to the Sangha members from the Holualoa community and those who remember attending the Temple in years past. *Sharing joy with others is not only a virtue, it is also a delightful experience.*

Gratitude



When you're feeling low
take stock of all the
positives in your life.

Sharing Joy

Recall a time when you were a child (or later if need be) when you felt truly carefree and happy.



Feel your heart open.

Imagine that joy is also manifesting as
Amida's light surrounds you



In 2023 let's cultivate and practice the virtue of shared joy and give encouragement as much as possible. Sharing our joy increase joy. Telling people about our happiness has far greater benefits than just remembering it.

Have a Happy, Healthy, and Prosperous New Year

